

2023-2024

Grand Saline High School Breakfast

Eat Breakfast! It's the most important meal of the day!

FOOD GROUPS	<i>Mondays</i>	<i>Tuesdays</i>	<i>Wednesdays</i>	<i>Thursdays</i>	<i>Fridays</i>
ENTRÉE (Grains/Meat)	Sausage & Biscuit	Sausage Mcgriddle	French Toast Sticks	Breakfast Pizza Bites	Apple Cinnamon Empanada
	Assorted Muffin	Cinnamon Roll	Mini Bagel	Dutch Waffle	Pancake Sausage on a Stick
	Assorted Cereals w/ Graham Crackers	Assorted Cereals w/ Graham Crackers	Assorted Cereals w/ Graham Crackers	Assorted Cereals w/ Graham Crackers	Assorted Cereals w/ Graham Crackers
	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance
SIDES			Sausage	Sausage	
FRUIT	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit
	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices
MILK	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored
CONDIMENTS	Jelly		Syrup		Syrup
	FOUR DIFFERENT ENTRÉES OFFERED DAILY	STUDENTS MUST CHOOSE 3 ITEMS FROM THE 4 FOOD GROUPS LISTED. ONE MUST BE A FRUIT OR JUICE.	MOST ENTRÉES COUNT AS TWO ITEMS		MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY